



A Private Workshop for the C-Suite Executive in Transition

Catapult Cottage Retreat Loft
Kingston, WA

Session Duration: 2.5 Hours, 11 am-1:30 pm

Winter 2024 Dates Available: 12/12, 12/19, 1/2, 1/16, 1/23

The Mind the Gap session is not about your job search, it is about how to thrive during a time of professional or personal uncertainty to impact your outcome positively.

Designed exclusively for executives, you will emerge from this experience with renewed energy and perspective about approaching this next phase of your life.

Conducted by Lisa Clarke, career C-Suite leader, CEO of Pacific Catapult, and founder of The Table Women's Executive Leadership Forum.

What's Included

Behavioral Style Assessment

Lesson in Harnessing Power

Chef-Prepared Lunch

Decision Matrix Exercise

Session Materials

Autographed Book

Self-Care Service: *A single self-care session to be booked separately with established providers of Reiki and Massage or if you prefer, you may book a 30-minute follow-up session with Lisa.*

Program Fee: \$975